

A Level Physical Education at The Warriner School



Physical Education A Level

Exam board: AQA

Entry requirements: English Language GCSE Grade 6, Physical Education GCSE Grade 6, Science GCSE Grade 6—*must be training and competing in one sport regularly (outside of school).*

Subject details:

This qualification is linear. Students will sit all their exams and submit all their non-exam assessment at the end of the course.

Theory Content

Paper 1: Factors affecting participation in physical activity and sport

Section A: Applied anatomy and physiology

Section B: Skill acquisition

Section C: Sport and society

- Written exam: 2 hours
- 105 marks—35% of A-level

Paper 2: Factors affecting optimal performance in physical activity and sport

Section A: Exercise physiology and biomechanics

Section B: Sport psychology

Section C: Sport and society and technology in sport

- Written exam: 2 hours
- 105 marks—35% of A-level

Practical Content— *Students must be training and competing in one sport regularly (outside of school).*

Students assessed as a player, performer or coach in the full sided version of one activity.

Plus: Written/verbal analysis of performance.

- Internal assessment, external moderation
- 90 marks—30% of A-level (15% of the assessment is for the practical and 15% of the assessment is for the analysis and evaluation of performance)

The analysis and evaluation of assessment will be marked out of 45: analysis (20 marks) and evaluation (25 marks).

Higher Education and Employment Opportunities:

A level Physical Education is a very popular qualification at higher education and highly regarded. This can lead to jobs within private sectors, sport sciences, Physical Education teaching and careers within personal training and sports therapy.